



AMERICAN INSTITUTE
OF SAFETY PROFESSIONALS

● PROFESSIONAL COURSE



COURSE CODE • 2135

BASIC FIRST AID & CPR

Respond with confidence in the first critical minutes of a medical emergency.

8

Modules in one course

8

Contact hours

70%

Pass mark, final online exam

COURSE OVERVIEW

A focused course in the core life-saving skills: recognizing emergencies, calling for help, CPR, AED use, choking response, bleeding control and basic wound, burn and fracture care.

In an emergency, the first minutes matter most. You will learn to check scene safety and responsiveness, call emergency services, perform adult CPR (compressions at least 2 inches deep, 100–120 per minute, 30:2 ratio), use an AED, relieve choking and control bleeding.

The course also covers CPR for children and infants, first aid for cuts, burns, fractures and sprains, and medical emergencies such as heart attack, stroke and shock. It is the shorter, focused companion to the comprehensive Basic Life Support and First Aid course. Some employers may also require a hands-on skills check with a manikin.

CORE COMPETENCIES

 Respond safely Scene safety, responsiveness and calling for help	 Perform CPR Adult, child and infant CPR
 Use an AED Pads, prompts and safe shock delivery	 Relieve choking Recognition and abdominal thrusts
 Control bleeding Direct pressure, wound and burn care	 Manage emergencies Heart attack, stroke, shock and fractures

WHO IT'S FOR

All employees

Designated first aiders

Supervisors

Parents and caregivers

Community volunteers

Ideal for anyone who wants to be ready to help in a medical emergency. No prerequisites.

AT A GLANCE

8

Modules

8

Contact hours

70%

Pass mark

PROGRAM OUTCOMES

Saves

lives

Speeds

emergency response

Builds

confidence to act

Supports

workplace preparedness

WHAT YOU'LL LEARN

Eight focused modules build practical, job-ready skills you can apply in the workplace and community immediately.

8 Modules

8 Contact hours

70% Pass mark

#	MODULE TITLE
01	Introduction to First Aid and CPR: Roles, Responsibilities, and Legal Considerations
02	Basic Life Support (BLS) Principles and Procedures
03	CPR Techniques for Adults, Children, and Infants
04	First Aid for Common Injuries: Cuts, Burns, Fractures, and Sprains
05	Management of Medical Emergencies: Heart Attack, Stroke, Choking, and Shock
06	Use of First Aid Equipment and AED (Automated External Defibrillator)
07	Emergency Response Planning and Communication
08	Creating a Culture of Safety and Preparedness in the Workplace

INSTRUCTIONAL DESIGN

Structured eLearning with clear explanations, visual illustrations and scenario-based examples, supported by official reference books you keep after completion.



Online eLearning

Delivered through the AISP Student Dashboard (LMS)



8 Hours

Contact hours



Self-Paced

Study at your own pace with official reference books, downloadable from the Student Dashboard and yours to keep



Lifetime Access

Your course materials remain available in your Student Dashboard after completion

 **Language:** All course materials, reference books and examinations are delivered in English, Spanish, German and Arabic. Reference books are provided as downloadable PDFs.

FINAL EXAMINATION

1

Score 70% or higher

Complete a timed, open-reference online examination taken through the Student Dashboard, drawn from a structured question bank.

2

Retake if needed

If you do not pass first time, further attempts are available. A short review period applies between attempts so you can revisit the course material.

3

Earn your certificate

A passing score confirms your eligibility for the Certificate of Completion. Once passed, the exam cannot be retaken to improve the score.

1

MONTH

RECOMMENDED COMPLETION

Most learners complete this course within one month, studying at their own pace through the Student Dashboard.



WHAT YOU RECEIVE

Sample documents shown ·
personal details redacted



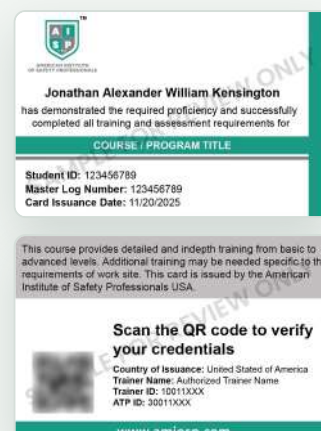
Certificate of Completion

Issued as a digital certificate (PDF) with QR verification. If you select the Hardbound Certificate, a printed copy is also posted to you.



Official Student Transcript

Records your course, training hours and result.



Wallet Card

Portable proof of your credential on site, verifiable by QR code.

All three are issued by American Institute of Safety Professionals LLC, USA and can be verified by any employer at amiosp.com/student-verifications

COURSE FEES

Two certificate options

Digital Certificate

Issued as a PDF, with QR verification

Refer to website for prices →

Hardbound Certificate

Printed and posted to you, and includes the digital certificate

Refer to website for prices →

Shipping and handling for the hardbound option is not included in the course fee. It is calculated according to the delivery address and invoiced separately once the certificate is ready to dispatch.

Payment assistance
accounts@amiosp.com

— THE AISP ADVANTAGE

WHY CHOOSE US?



Employer-verifiable worldwide

Every credential carries a unique Master Log Number and QR code, verifiable online by any employer



Fast-track online learning

Tailored for busy professionals



Industry-relevant content

Aligned with current safety standards



Expert-developed curriculum

Written by instructors with hands-on field experience



Trusted by employers

Used by safety professionals across industries internationally

YOUR CAREER IN NUMBERS

This course builds a specific competency within occupational safety practice. The figures below show United States earnings for occupational health and safety specialists, the profession this competency supports. They are published labor market data for that occupation, not an indication of earnings following this course.

\$93,860

Mean annual wage

\$90,150

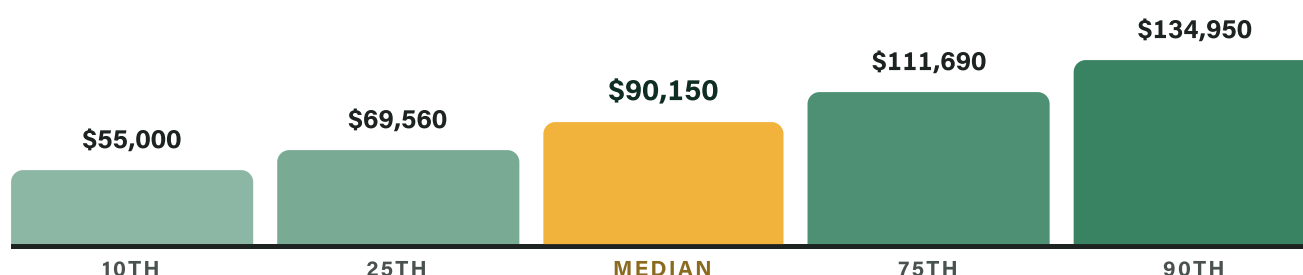
Median annual wage

140,610

Employed nationwide



ANNUAL WAGE RANGE



INDUSTRIES WITH THE MOST JOBS

Local government	9,560
Management & technical consulting	8,400
Federal government	7,410
Nonresidential building construction	7,050
State government	6,490



PAY BY SECTOR

Manufacturing	\$95,270
Construction	\$95,860
Government	\$90,530
Professional & technical services	\$94,940



TOP-PAYING INDUSTRIES

Oil and gas extraction	\$120,700
Scientific R&D services	\$118,800
Aerospace products mfg.	\$118,560
Electric power generation & distribution	\$117,990
Chemical manufacturing*	\$106,400

* Chemical manufacturing: NAICS 3251, 3252, 3253 and 3259 only.

Source: U.S. Bureau of Labor Statistics, Occupational Employment and Wage Statistics, May 2025 (SOC 19-5011). United States only; excludes self-employed workers. Earnings vary by experience, location and employer; no salary is guaranteed.

FREQUENTLY ASKED QUESTIONS

Quick answers about the course, the final exam and your certificate.



STILL HAVE QUESTIONS?

GENERAL
info@amiosp.com

PAYMENTS
accounts@amiosp.com

CALL
+1 (689) 286-3561



ABOUT THE COURSE

Q01

Who is this course for?

All employees, designated first aiders, supervisors, parents, caregivers and anyone who wants essential life-saving skills.

Q02

How is the course delivered?

Online through the AISP Student Dashboard (LMS), with official reference books to download and keep, and lifetime access to your course materials.

Q03

How long does it take?

A minimum of 8 contact hours. The course is self-paced, and most learners finish within one month.



EXAM & RESULTS

Q04

What score do I need to pass?

A minimum of 70% on a timed, open-reference online examination taken through the Student Dashboard.

Q05

When will I receive my results?

Immediately, by email to your registered address.

Q06

What if I don't pass first time?

Further attempts are available. A short review period applies between attempts so you can revisit the course material.



CERTIFICATION & FEES

Q07

What do I receive?

A Certificate of Completion, an official Student Transcript and a wallet card, all with QR verification. The Hardbound Certificate includes a printed copy posted to you in addition to the digital certificate.

Q08

Can employers verify my certificate?

Yes. Every credential carries a unique Master Log Number and QR code, verifiable at amiosp.com/student-verifications.

Q09

How much does it cost?

Prices for the Digital and Hardbound Certificate are on the [course page](#). Hardbound shipping is calculated by delivery address and invoiced separately.



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ENROLL TODAY

READY TO BEGIN?

Be ready when it matters most. Enroll in the Basic First Aid and CPR course and build life-saving skills you can use at work and at home.

ENROLL AT [AMIOSP.COM](https://www.amiosp.com) →

CONTACT US

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